

Herpes

What are the signs and symptoms of Herpes?

- **What is Herpes?**
 - Herpes is a sexually transmitted disease caused by a virus.
 - This infection can be treated but not cured.
 - Herpes is transmitted when an infected area comes in contact with a mucous membrane, primarily the moist skin of the mouth, genitals, and anus.
 - Genital herpes infections are usually caused by the Herpes Simplex type II virus.
 - Oral herpes infections are usually caused by the Herpes Simplex type I virus.
 - Herpes can be transmitted through direct contact with the infected area.
 - Herpes is not transmitted through blood, saliva, or tears.
 - Herpes is not transmitted through sharing of food, drinks, or utensils.
 - Herpes is not transmitted through kissing.
 - Herpes is not transmitted through swimming pools, hot tubs, or saunas.
 - Herpes is not transmitted through toilet seats.
 - Herpes is not transmitted through mosquitoes or other insects.
 - Herpes is not transmitted through cats, dogs, or other animals.
 - Herpes is not transmitted through plants or flowers.
 - Herpes is not transmitted through the air.
 - Herpes is not transmitted through the water.
 - Herpes is not transmitted through the soil.
 - Herpes is not transmitted through the sun.
 - Herpes is not transmitted through the moon.
 - Herpes is not transmitted through the stars.
 - Herpes is not transmitted through the planets.
 - Herpes is not transmitted through the galaxies.
 - Herpes is not transmitted through the universe.

- For testing and treatment for herpes in the Philadelphia area, click here for a list of local family planning clinics. Outside of Philadelphia, please click here for a clinic near you www.plannedparenthood.org.

REMINDER: Using a condom consistently can help to protect you from STD's, including Herpes.