

What is Trichomonas infection?

- Trichomonas vaginalis is a sexually transmitted disease caused by a microscopic parasite.
- Trichomonas is one of the most common sexually transmitted diseases, mainly affecting women 16-to-35 years of age.
- Infection is more common in women who have multiple sexual partners.

What are the Signs and Symptoms?

- Signs and symptoms differ in men and women.
- Persons infected with Trichomonas vaginalis may be without symptoms to specific symptoms.
- Some women may have a foul smelling frothy green vaginal discharge, vaginal redness or itching.
- Other symptoms include painful sexual intercourse, lower abdominal discomfort, and the urge to urinate.
- Many men do not have symptoms.
- When symptoms are present in men, they most commonly have discharge from the urethra, the urge to urinate and a burning sensation with urination.

How do I get tested?

- Diagnosis is most commonly made by viewing the parasite under a microscope.
- A vaginal sample is collected from women during a pelvic examination.
- A urethral sample is collected from men.

What is the treatment?

- Your doctor will prescribe an antibiotic for you and all sexual partners you have had since becoming infected.
- If all current sexual partners are not treated, it is possible to become reinfected.
- For testing and treatment for trichomonas in the Philadelphia area, click here for a list of local family planning clinics. Outside of Philadelphia, please click here for a clinic near you www.plannedparenthood.org.

REMINDER: Using a condom consistently can help to protect you from STD's, including trichomonas.